

### WE WANT YOU TO BE PREPARED FOR NEW OVERTIME REGS



On May 18, 2016, President Obama and Secretary Perez announced the publication of the US Department of Labor's final rule updating the overtime regulations, which will automatically extend overtime pay protection to over 4 million workers within the first year of implementation...and will impact virtually every business in America. While the regulation will **take effect on December 1, 2016**, we encourage every member to take a **look NOW at the changes** you will need to make by the fall of this year.

The Final Rule focuses primarily on updating the salary and compensation levels needed for Executive, Administrative and Professional workers to be exempt. Specifically, one item in the Final Rule sets the standard salary at \$47,476 annually for a full-year worker...which means that EVERYBODY earning a salary under \$913 per week will no longer be exempt from overtime regulations. Other exceptions are for not-for-profits, non-discretionary commissions and other factors.

There are resources online at www.dol.gov/whd/overtime/final2016. In addition, there are a series of technical webinars on the USDOL site but they have not provided guidance on how your business might evaluate your current system and make the appropriate changes to wages, hours or redistribution of work.

We are in the planning stages for meetings and workshops to help us all navigate the new regs. Please review the USDOL site and look for an announcement for more guidance.



As you may know, all chambers of commerce, like all businesses, are in the business of growing and seeking new customers every day. Sometimes we have membership campaigns which are designed to highlight this fact and remind our members and the communities that we are always welcoming new members. For our last membership campaign, we used a theme of

"Chamber of Choice" and throughout the month of June, the Midstate Chamber, your Chamber of Choice, introduces a new membership campaign called "Your Charity of Choice".

With each new member signed, 10% of the new member dues will be presented to the non-profit organization of the new member's choice. It's a new way to be sure that your causes get the financial support they need and together we will strengthen our communities. The only requirement is that the not for profit organization must be a 501(c)3 organization and have been in business for at least 2 years. We have many Chamber members in this sector and others are eligible to receive contributions as well.

In addition, we want our new members to really make a splash (summertime pun intended) so other incentives are included with the first year membership. For more details, please share the enclosed Membership Application with your colleagues and thank you in advance for supporting both the Midstate Chamber, your Chamber of Choice, and the not for profit "Charity of Choice" as well.

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As of this printing, there are less than 13 slots available for foursomes and singles for the Chamber's Annual Golf Tourney to be held on **June 8 at Hunter's Munic***ipal Golf Course*. If you are interested in a great day of golf, please call today!

In addition, many non-golfing chamber members choose the "Dinner Only" option and attend to enjoy Violi's fabulous buffet and to participate in the great raffle with dozens of both sports and nonsports related items.

On behalf of the entire membership, I'd like to thank the entire 2016 Golf Committee under the leadership of Committee **Chairwoman Linda Krampitz of Gaylord Specialty Healthcare**. They all have done an absolutely amazing job this year!

# LOTS OF WHAT WE DO FOR MEMBERS IS LINKING YOU

... to resources, services, support, and fellow members. Here are some EASY LINKS to the Midstate Chamber to "always keep you in the loop":

NEWS: http://www.midstatechamber.com/News CALENDAR: http://www.midstatechamber.com/Calendar RESOURCES: http://www.midstatechamber.com/Resources DIRECTORY: http://www.midstatechamber.com/Directory NEWSLETTERS: http://www.thechambernewsletter.com 2015-16 CHAMBER BOOK: http://www.thechamberbook.com



more special "PERKS"...
AND...
HELP a local charity!



The Midstate Chamber proudly promotes and serves our member businesses in Berlin, Cheshire, Meriden, Southington, Wallingford and throughout central Connecticut.

# ACTION STEPS and HOW TO PARTICIPATE:

- name and company name of not yet members
- SHARE this form with your staff, colleagues, board members
- **INVITE** your business neighbors to
  - IOIN the Chamber of Choice

As you may know, all chambers of commerce, like all businesses, are in the business of growing and seeking new customers every day. For our last membership campaign, we used a theme of "Chamber of Choice" and throughout the month of June, the Midstate Chamber, your Chamber of Choice, introduces a new membership campaign called "Your Charity of Choice".

From now until June 30, with each new member signed, 10% of the new member dues will be presented to the non-profit organization of the new member's choice. It's a new way to be sure that your causes get the financial support they need and together we will strengthen our communities. The only requirement is that the not for profit organization must be a 501(c)3 organization and have been in business for at least 2 years. We have MANY Chamber members in this sector and other non-profits are eligible to receive contributions as well.

In addition, we want our new members to really make a splash (summertime pun intended) so other incentives are included with the first year membership. Please share the Membership Application (on the other side of this page) with your colleagues and thank you in advance for supporting both the Midstate Chamber, your Chamber of Choice, and the not for profit "Charity of Choice" as well.

YES! I want to support a local charity – I will give this info to my colleague who is not yet a member...

WHO IS A 501c(3) in Midstate Chamber Membership?

#### Visit

www.midstatechamber.com and look under non-profits, social service agencies, educational services, health and wellness services...just to name a few. More New Member "Perks":

LAST CHANCE to be listed in THE MAGAZINE: the go-to resource for business & community

Choice of: Top Banner Ad: 4 months Internal Side Banner Ad: 1 month Home Page Banner Ad: 1 month Web Image for 1 year Newsletter Insert and... Chamber MAGAZINE



1-5 Employees	\$280.00
6-10 Employees	\$295.00
11-20 Employees	\$410.00
21-30 Employees	\$525.00



The Midstate Chamber supports, promotes and senes our member businesses in Berlin, Cheshire, Meriden, Southington, Wallinford and throngbout central Connecticut. 3 Colony Street; Suite 301, Meriden, CT 06451 Ph: 203.235.7901 Fx: 203.686.0172 info@midstatechamber.com www.midstatechamber.com

# **Membership** Application

Company Name:	
Address:	
City, State, Zip:	
Phone:	
Company Website:	
Type of Business/Classification:	
# of Owners:# of Employees: Full-Time	Part-TimeYear Founded:
Contact Person:	Contact's Phone:
Contact's E-Mail:	

#### How Did You Learn About Us?

#### Chamber Activity / Interests:

<b>Promotion:</b> Member Directory Advertising Web Site Advertising Chamber Business Expo Newsletter
Advertising 🛛 Marketing Committee, etc
Education: Education Committee Education Awards Workshops School-Business Partnerships
Hispanic Outreach Leaders in Action (HOLA), etc.
Networking: Business After Hours Breakfast Club Celebrates Annual Meeting/Dinner Annual Golf
Tournament DYoung Business Leaders of CT DAmbassadors DMembership Committee, etc.
Leadership:  Government & Business Development Committee  Pizza, Pasta, & Politics  Health Insurance, etc
<b>** Please Include Your "Web Words":</b> Web Words are a 25-30 word description of your business

**\*\* Please Include Your "Web Words":** Web Words are a 25-30 word description of your business that appears with your Member Directory listing on www.midstatechamber.com:

New member add on – Specials—reserve now and save \$50: \$100 web image (appears next to your web listing making you stand out) - \$150 value \$100 3 month newsletter ad (business card size) - \$150 value

**\*\*** Please E-Mail Your Key Employees Information to info@midstatechamber.com. Key employees are employees who you wish to receive additional Chamber updates/information and who may be attending events. Key employee information may consist of name, title, direct phone number or extension and e-mail address.

Card#				Exp.	Card Zip Code	Verification Code
VISA	MasterCard	AMERICAN EXPRESS	DISCOVER	Signature A one-time \$15 doll	lar set up fee is due at t	ime of application
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Membership dues in this organization may be tax deductible as an ordinary & necessary business expense. Dues paid to this 501c(6) are <u>not</u> a charitable tax deduction. The organization serves as an advocate for and promotes its member businesses.



Health & Wellness Council Presents:



# Wednesday, June 22nd 8:00 am to 10:00 am

Il Monticello 577 So. Broad St., Meriden

# Mental Health and Workplace Wellness

# This Program is for ALL Businesses who want to . . .

Help keep their employees healthy AND promote Workplace Wellness

- Improve the bottom line
- Form partnerships to start or continue a healthy workplace culture
- Gain access to local experts in the Wellness Field

Dr. Delphin-Rittmon currently serves as Commissioner of the Connecticut State Department of Mental Health and Addiction Services. Dr. Delphin-Rittmon has a significant amount of professional experience concerning psychiatric and substance use conditions, receiving national recognition for advancing policy development in these areas. Dr. Delphin-Rittmon has served as an Assistant Professor with

the Yale School of Medicine's Department of Psychiatry.

In this role, her professional and research interests have included system-level Strategic planning and policy development geared towards eliminating health disparities and promoting recovery oriented care; and individual, organizational, and system level cultural competence including training, program design and evaluation.

# <u>Agenda</u>

• 8:00 to 8:30 am Breakfast, Networking, Displays, Meet the Chamber's Health & Wellness Council

• 8:30 to 8:45 am Chamber Announcements, Awards (seeking nominations)

• 8:45 to 8:50 am Zumba Demo

• 8:50 to 9:05 am Rushford Presents Mental Health First Aid Briefing

• 9:05 to 9:30 am Keynote Speaker Department of Mental Health & Addiction Services Commissioner Miriam E. Delphin-Rittmon, Ph.D. including Q & A

# Who should attend?

- Business/Employees who have a Wellness Program at Work or WANT TO START ONE
- Human Resource Professionals
- ALL Chamber members to be INFORMED on creating/ maintaining a healthy workforce

# Advantages to Businesses:

- Gain an average of \$5.81 for every \$1 invested in health management programs.
- Reduce sick-leave absenteeism by an average of 26.8%
- Reduce health care costs by 26 percent.
- Reduce worker's compensation and disability management claims costs by 32 percent.

• 9:30 to 10:00 am Networking, Displays

This event is also	Thank you to our	\$20 in advance per per	son; \$25 at the door (without a reservation).
a key promotional	Gold Sponsor:	Check enclosed	Credit Card (Place Info On Reverse)
opportunity for	UPDIKE • KELLY • SPELLACY	Bill me (Members Only)	
any business.	UPDIKE • KELLY • SPELLACY		
Please review the		Company Name:	
sponsorship and			
advertising options		Attendees:	
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this flyer!	III MENTING LAW FIRMS WORLDWIDE		



Commissioner Miriam E. Delphin-Rittmon, Ph.D.

#### **EXCLUSIVE PREMIER Sponsor:** \$1250

- ★ Introduce main breakfast speaker
- ★ 1 minute commercial by sponsor at podium
- \* Banner Displayed (Banner provided by sponsor)
- ★ FULL 6 foot Display Table for promotional materials/giveaways
- ★ LOGO on Program Cover
- ★ FULL page Ad (4  $\frac{1}{2}$  w x 7  $\frac{1}{2}$  h) in Program
- ★ 10 Tickets to Event; Reserved Seating
- ★ Seat at head table
- ★ Top Banner Ad on Chamber site for 6 months (\$300 value)
- ★ Logo & link featured on web page
- ★ Logo on Web Video
- ★ LOGO on Flyer e-mailed to 1,700+
- ★ Recognition on <u>www.midstatechamber.com</u> (averaging 40,000+ unique visits per month) & Facebook/Twitter
- ★ Recognition in Press Releases
- ★ Recognition in E-Minders as Premier Sponsor (sent to 1,700+ per message)
- ★ Recognition at event

#### Gold Sponsor: \$500

- ★ ½ Page Ad (4 ½ w x 3 ¾ h) in Program
- ★ 5 Tickets to Event; Reserved Seating
- ★ Logo on Web Video
- ★ Display table—6 foot
- ★ Name Listed on Flyer– e-mailed to 1,700+
- ★ Recognition on <u>www.midstatechamber.com</u>

(averaging 40,000+ unique visits per month) &

Facebook/Twitter

★ Recognition at the Event

□ Bronze Sponsor: \$100

★ 1 Ticket to Event★ Listing in Program

#### **AD in Program only options:**

□ Silver Sponsor: \$250

★ 2 Tickets to Event

★ Shared Display Table

**\***  $\frac{1}{2}$  Page Ad (4  $\frac{1}{2}$  w x 3  $\frac{3}{4}$  h) in Program

★ Full Page: \$250
★ ½ Page: \$100

#### YES! I want to take advantage of a sponsorship to promote my business & support this IMPORTANT event!

Level:		(or check appropriate box above)	
Company:		Contact:	
□Check enclosed □ Bill me- Chamber Members □ Credit card (AX, Disc, V	5		
Credit Card number:			
Expiration <u>:</u>	3 digit code:	Zip Code of card:	_
Kindly remit to		olony St., Suite 301, Meriden, CT 06451 Fax: 203.686.0172	
info@midst		www.midstatechamber.com	

# Wellness—June 22

Mental Health and Workplace





**Wednesday, June 15th, 2016** 5:00 to 7:00 p.m. 43 E. Main St., Meriden

Wells Fargo would like you to join them for an evening at their Main Meriden—in the heart of downtown (parking on site).
Wells Fargo bankers will be on hand to offer tips for growing your business.
Enjoy an evening of mingling and getting to know more about your fellow Chamber members and their businesses / organizations.

Enjoy Networking, Light Refreshments, Door Prizes, and more!



**Please RSVP to this event** by calling the Chamber: 203-235-7901, e-mailing: info@midstatechamber.com, or visit **www.midstatechamber.com**.

This Business After Hours event is in association with the Midstate Chamber of Commerce to showcase the sponsoring member and to offer both members and members-to-be the opportunity to network and enjoy a wonderful evening.





**UNBANK WITH US** 

# Tuesday, June 21<sup>st</sup>

5:00 - 7:00 p.m. 533 S. Broad St., (Townline Plaza), Meriden

Connex Credit Union invites members of the Midstate Chamber of Commerce to come and meet our Meriden Branch staff, tour our office, and see how Connex Credit Union membership is a great free benefit you can offer to your employees.



Enjoy Food provided by Jersey Mike's, Networking, Door Prizes, and more!



Please RSVP to this event by calling the Chamber: 203-235-7901, e-mailing: info@midstatechamber.com, or visit www.midstatechamber.com.

This Business After Hours event is in association with the Midstate Chamber of Commerce to showcase the sponsoring member and to offer both members and members-to-be the opportunity to network and enjoy a wonderful evening.

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#### MESSAGE FROM THE **PRESIDENT:**



#### **DID YOU KNOW...**

Our newsletter reaches over 1,700 business people each month? That's right! That is quite a broad reach for your message. Actually, it's likely even MORE than that when you consider that it's downloadable from the Midstate Chamber's website AND is often shared

Séan W. Moore

in Meriden Patch news updates! So, reserve some ad space - or put a flyer in - our rates are amazing. Or, send us some news about your business: info@ midstatechamber.com.

#### **CT-RAIL HARTFORD LINE CONSTRUCTION CONTINUES IN MERIDEN & WALLINGFORD**

The \$639 million project is updating the rail corridor to include double tracking and facilitate more frequent commuter trains between New Haven, Hartford and Springfield. The corridor crosses through many cities and towns, including Wallingford, Berlin and North Haven, as well as Meriden.

Construction activity continues through June 2016 at various grade crossings in Wallingford. Work primarily includes new drainage, curbing, sidewalks and

signage. Below is the revised construction schedule:

Quinnipiac Street, Wallingford:

- June 13 June 17: One-way alternating traffic from 9a 3p June 17 June 20: Detour will be in effect starting at 8p through 4p on June 20.
- Hall Avenue, Wallingford:
- June 20 June 24: One-way alternating traffic from 9a 3p
  June 24 June 27: Detour will be effect starting at 8p
- through 4p on June 27.

Detour signs will be in place along with traffic personnel and proper signage. Please note that this schedule is subject to change.

For construction related questions, please contact Rob Canestra, Project Engineer, AECOM at (860) 924-8809 or Rich Angelicola, Resident Engineer, AECOM at (860) 867-6460.

This work is part of the overall upgrade of the New Haven-Hartford-Springfield commuter rail line – scheduled to begin expanded service in January 2018. Visit the NHHS Rail Program website at www.nhhsrail.com.

# MIDSTATE CHAMBER EDUCATION COMMITTEE YEAR IN REVIEW

The Midstate Chamber Education Committee provides schoolto-career opportunities for students of all ages, educators and businesses. It promotes business education and training partnerships in the area. The committee meets at 8:30 a.m. on the last Tuesday of the month and its Chairman is **Jim Ieronimo, United Way of Meriden & Wallingford.** ALL are welcome to join the committee. Below is a list of just a few of the committee's accomplishments this year. Look forward to more updates in upcoming newsletters on other student programs and chamber member programs that are a result of work from the Education Committee.

Financial Reality Event: On March 23rd Meriden Public Schools partnered with the UCONN Extension Office for a Real World CT event. Students from both High Schools participated in this financial literacy simulation which required students to work within a budget and purchase real world services such as: housing, utilities, groceries, etc.

Midstate Chamber members also partnered with Meriden Public Schools and represented their industries while assisting students in these difficult decisions. Students appreciated the tips provided by these industry leaders regarding the tough financial decisions they will be faced with in the real world.

Midstate Chamber Member Businesses who participated: **Trager Insurance** Calcagni Real Estate Keller Williams Real Estate Eversource Meriden Hyundai Star Auto Boscov's New England Capital Financial Advisors LLC Midstate Chamber of Commerce

Scholarship Fair: On January 27th several members from local scholarship committees came together at the Board of Education to meet with students and parents to share information about their scholarship opportunities. Over 100 students and parents from both Maloney and Platt High School attended and explored information over 100 local scholarships.

Learning Walks: Midstate Chamber members had the opportunity to tour Platt and Maloney high schools during the school year to see classes "in action" and really see how our students are learning!



Questions? Here's How to Reach Us...

This issue of Chamber News is a member service of the Midstate Chamber of Commerce, Inc. with offices located at 3 Colony St., Suite 301, Meriden, CT 06451. You can also visit us on line at www. midstatechamber.com. Ph: 203.235.7901 Fx: 203.686.0172 info@ midstatechamber.com. We welcome Chamber member and community news, events and other articles of interest from our diverse membership base. The Midstate Chamber of Commerce serves its member businesses in Meriden, Wallingford, Southington, Berlin, Cheshire and Middletown, Connecticut. We invite all businesses to join with us and become members of our chamber.



# Mark your calendars, iPhones, Droids, etc. with these event dates. Mark your calendars, iPhones, Droids, etc. with these event dates. Mark your calendars, iPhones, Droids, etc. with these event dates. Mark your calendars, iPhones, Droids, etc. with these event dates.



www.midstatechamber.com! Chamber event RSVP line: 203.235.7901 Image: This QR code in the upper right corner also brings you right out to our business and community calendars. Just SCAN and CLICK! RSVP NOW for the highlight ed chamber events below - just click and info!

- E Sat, Jun 4 12:00 pm: 1st Annual Crazy Beverage & Wine Bash Benefits The Reach Foundation, Mt. Southington Ski Area. 860.628.0954.
- Tue, Jun 7 1:00 pm: USDOL Webinar on Final Ruling for Overtime Changes for NOT-For-Profits at Midstate Chamber.
- Wed, Jun 8 10:30 am: Midstate Chamber's 29th Annual Golf Tournament: The Ray Parmentier Classic: Hunter Memorial GC & Violi's
- TWed, Jun 15 5:00 pm: Business After Hours Featuring Wells Fargo Bank, 43 E. Main St., Meriden. See enclosed flyer.
- 📁 Thu, Jun 16 5:30 pm: Connex Credit Union: Homeowners Insurance 101 held at Connex Credit Union, North Haven, CT
- 🏓 Sat, Jun 18 9:00 am:Meriden Historical Society Tag Sale, Bernice Morehouse Research Center's parking lot, 1090 Hanover St., S. Meriden.
- Tue, Jun 21 5:00 pm: *Business After Hours Featuring Connex Credit Union*. See enclosed flyer.
- Wed, Jun 22 7:30 am: Chamber Breakfast Club Features Workplace Wellness & Mental Health at II Monticello. See enclosed flyer.
- Thu, Jun 23 8:00 am: Middlesex Community College: NEW Human Resource Courses For Small Businesses at Middlesex Community College, 100 Training Hill Road, Chapman Hall, Rm. #605, Middletown. For more information, call 860.343.5716.
- Thu, Jun 23 6:00 pm: WEPA Paint Night FUNdraiser for HOLA Paint a Beach! at WEPA Art Studio. See enclosed flyer.
- Fri, Jun 24 8:00 am: CT Baptist Homes Annual Car Wash at CT Baptist Homes, 292 Thorpe Ave., Meriden to benefit children to attend summer camp.
- Wed, Jun 29 5:30 pm: *Minature Golf Tournament benefits Midstate Chamber's YBLCT and Meriden Boys & Girls Club !* See enclosed flyer this is a great event for staff, family, children all for great causes!



The Chamber's Breakfast program is NOW AIRING on Cox Public Access #15 - Frontier: #99 on Mondays at 9:00 p.m. Check the chamber website for details and get your popcorn ready!

Find event photos at: at www.midstatechamber.com

## MEMBER RENEWALS....

We recognize and chark our members who have joined or renewed their investment in the Midstate Chamber within the last month. Visit www. midstatechamber.com for the most up-to-date membership listing!

**Cable Management LLC Civali's Auto CT Consulting Engineers LLC CT Works One Stop Meriden** David B. Hyman, D.D.S. **Form-All Plastics Corporation Frontier Communications** Gallery 53 Hergott Dental Associates, LLC **ID** Life **JD Byrider Maier Real Estate Maryheart Crusaders Inc.** Masonicare **Meriden Schools Federal Credit Union** Meriden Y.M.C.A. MidState Gastroenterology Spec., P.C. Mount Southington Ski Area Inc. **Muniz & Associates New York Life Pediatric & Family Care for Natural** Medicine Polish National Alliance - Lodge #513 **ProHealth Physicans Express Care** Shop.com Solomon, Krupnikoff & Wyskiel, P.C. Sonic of CT **Verna Properties** Wells Fargo Bank N.A. Westaff

Our most up-to-date member listing can be found at www.midstatechamber.com

Members Use Members!





We are delighted to introduce our new members - the lifeblood of our organization and the reason we exist. We continually strive to connect you to one another and to our communities. Please welcome them by visiting their website, sending them an email or stopping by to introduce yourself. The personal touch will help our chamber continue to grow and thrive as we continue on our goal to reach 650 members in the coming months!

**Connecticut Panthers Football Club:** 114 Lincoln Way, Windsor, CT 06095. The phone number is 203.850.9096 and the fax number is 860.402.0749. Vincent Apicella is the primary contact. Thank you to Richard Pendred of A & A Office Systems, Inc. for inviting Vincent to join the Chamber!

**Care Free Home Pros, LLC:** 136 Simsbury Rd., Suite 12C, Avon, CT 06001-3689. The phone number is 860-284-9650. Sandra Anglis is the primary contact. Thank you to Lori Silkoff of YAC Industries for inviting Sandra to join the Chamber!

**Faulkner Physical Therapy,** a member of the lyyrehab Network: 101 N. Plains Industrial Rd., Wallingford, CT 06492. The phone number is 203.265.0018 and the fax number is 203.269.4368. Dr. Deborah Crowell is the primary contact. Faulkner Physical Therapy, a member of the lyyrehab Network is a leading physical therapy provider dedicated to delivering the best patient experience with specialties in manual therapy, headaches & facial pain, vestibular disorders, aquatic therapy & orthopedic & sports injuries.

**Goblinfish Studios:** 106 Fairview Ave., W. Haven, CT 06516. The phone number is 203-386-1554 and the fax number is 203-386-1554. Lantz Preg is the primary contact. Thank you to Lori Silkoff of YAC Industries for inviting Lantz to join the Chamber!

**Meriden Masonic Foundation:** 112 E. Main St., Meriden, CT 06450. The phone number is 203-443-7472. Thom Knowlton is the primary contact. Thank you to Ralph Mesite of the Villa Capri for inviting Thom to join the Chamber!!

**Savers #1163:** 495 Chamberlain Highway, Meriden, CT 06451. The phone number is 203.630.7014 and the fax number is 203.630.6965. Cassandra Ballard is the primary contact.

**South Meriden Youth Baseball League Inc.:** P.O. Box 3086, Meriden, CT 06450. The phone number is 203.600.6528. Ed Honiewski is the primary contact. Thank you to Michaael Nowicky of Connex Credit Union for inviting Ed to join the Chamber!

Join us in welcoming these new members.

#### MEMBER UPDATES

This QR code in the upper right corner also brings you right out to our member news section of the website where you can view FULL news articles by submis-sion date OR by member. Just SCAN and CLICK!



#### Find ALL of our members' news online:

http://www.midstatechamber.com/News

Connex Credit Union - upcoming workshops highlight credit scores and homeowners insur-ance: Credit Score 101: Kerry Perrotta, Connex Guilford Branch



Manager, hosts this workshop. Learn all about credit scores, including: What is a credit score? Why does it matter? How do you establish credit? What hurts your credit score? **Thursday, June 2, 2016**: 5:30PM-6:30PM at Guilford Free Library, 67 Park Street Guilford, CT. And, Homeowners Insurance 101: this workshop focuses on homeowners insurance, including an overview of homeowners insurance, coverage gaps, common coverage pitfalls, and the importance of con-ducting an annual review with the insurance agent. You can attend this workshop in person or via webinar. Thursday, June 16 - 5:30PM-6:30PM. North Haven Branch | 412 Washington Ave. Registration is required! Register for workshops online at www.connexcu.org or call I-800-CR-UNION. Space is limited.

Diversified Physical Therapy - please call us at Call 203-630-3939 for more information or to register for any of these programs listed. Check out the calendar on our website: http://www.diversifiedpt.com/calendar.

aspx. On Friday June 3rd at 5:30pm. - a special meditation will focus on acupuncture meridians. This meditation will be a virtual acupuncture session. The soothing tones of crystal bowls will help you get into a deep state of relaxation and you will be guided through energy channels to move your Qi. Don't miss this opportunity! The next session will be in September.



Core Stability - Mondays at 6:15pm. Drop

in at any time for \$15 or buy a class card 5 classes for \$50 or 11 classes for \$100. Class cards do not expire! Last class until the fall will be Monday June 13th! InnerGarden Yoga has ended for the season. Check back in the fall for classes to start again. Yoga- Thursdays at 5:30pm. This is a great class for beginners! Feel free to drop in. \$10 per class. Therapeutic Massage- Licensed Massage Therapists from Central CT Massage and Wellness are taking appointments. They have offices on the 2nd floor of DPT. Call Rick 203-631-7970, Mallory 203-631-1620. DPT Gym- For only \$25 per month you can use the equipment at DPT anytime the office is open, as often as you like. We have a treadmill, recumbent bike, lifecycle, total gym, free weights, therabands, ankle weights, foam roller, Bosu and balls of all weights and sizes. Pay per month with no extra fees and no commitment. Friendly atmosphere! "Like" us on Facebook for special offers, updates, sales, newsletters, tips and more.



# **CHAIRMAN'S** CORNER

If you were at this year's 120th Annual Dinner, you would have heard about the exciting year we had last year. Membership is up to almost 600 members. There were lots of exciting programs put in place: Midstate Chamber ran a Billboard

Richard J. Pendred

thank you to the City of Meriden for the spot. Along with a radio ad on 102.9 CT Whale. The

Chamber ran several successful membership drives and social media campaigns. This year we will be continuing to grow and expand our Chamber throughout our community. Please tell your clients, friends and neighbors about the Midstate Chamber. Help us share the excitement and share why we are the Chamber of Choice. We just finished celebrating Memorial Day. It's a time to

thank our Veterans for their service and remember those we lost. I would personally like to THANK all who served or currently are serving. Thank you for service our country. - Rich



Rich Pendred is Senior Account Executive at A&A Office Systems, Middletown CT. He's been involved with the Midstate Chamber for over 21 years and is current Chairman of the Board of Directors. You may reach him at: rpendred@aaofficeonline.com or (860) 343-7087.



## HR Tip of the Month

Performing employee background checks is vital for employers to as-

sess job candidates, but can also be a source of potential liability.

Employers must be very careful about what kind of information they ask for or investigate in their background checking process.

The best advice for employers is to keep background checks reasonable and only seek information that is business related. Any time you use an applicant's background information to make an employment decision, you must comply with both federal and state laws that protect applicants from discrimination.

Another best practice is to always get the applicants consent in writing before doing any background check. Even though employers can gather some background information on their own, some things like drug tests, driving records and credit checks require applicant consent. Written consent is also required if an employer uses an outside firm to perform their background checks.

For information on how EANE supports organizations, please contact Rick Caneschi, Member Relations at rcaneschi@ eane.org or at 877-662-6444.



#### We were proud to be a part of this Ribbon Cutting on May 18! Pediatric & Family



Center for Natural Medicine- located at 857 North Main Street, Ext., Wallingford



THANK YOU, Ion Bank for sponsoring our May Quickbooks session - the four part series covered the ins-and-outs of Quickbooks and was presented by Julio Casiano, SBA. Thanks to Paola Mantilla, City of Meriden Economic Dev. Office for her assistance with this valuable program!





Fellow Midstate Chamber member Lori Silkoff, Yac Industries, is asking you to consider supporting this important cause and event.

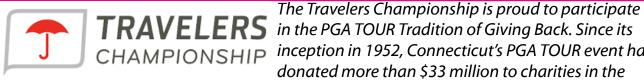
Dear Friend and Community Leader: You can be an everyday hero in the fight against suicide. Partner with us as an event sponsor for the 2016 Hamden Out of the Darkness Walk, taking place on September 25 at the Hamden Town Center Park.

Why support the Out of the Darkness Walk? Suicide is a leading cause of death - but it's preventable. With your support, together we can save lives and bring hope to those affected by suicide. Build your brand's goodwill by supporting a cause everyone can get behind. Funds raised from The Out of the Darkness Walks allow us to fund research, create educational programs, advocate for public policy, and support survivors of suicide loss.

I look forward to discussing our 2016 sponsorship opportunities and benefits with you in more detail: options start at just \$250 to support this important cause. We will follow-up with you in the coming weeks. For more information about the AFSP, visit www. afsp.org/southernconnecticut. For more information about the Hamden walk, please visit http://tinyurl.

com/2016HamdenOOTDWalk - to join Lori's walk team or to donate, search "silkoff" in the search bar in the upper right corner. Lori's contact numbers are: (203) 272-4999 or (203) 530-8484.





**TRAVELERS** in the PGA TOUR Tradition of Giving Back. Since its CHAMPIONSHIP inception in 1952, Connecticut's PGA TOUR event has donated more than \$33 million to charities in the

AUGUST 1-7, 2016 | TPC RIVER HIGHLANDS | CROMWELL, CT

surrounding community - RIGHT HERE IN CT!!! Be a part of the ACTION and EXCITEMENT by purchasing

tickets, sponsoring, purchasing packages or volunteering (you can even volunteer at Hole 12 with Midstate Chamber of Commerce on Thu., Aug. 5 and/or Sun., Aug. 7!) Volunteering is a fun, interesting way to be part of the Travelers Championship. For ALL of the info and for updates visit: http://travelerschampionship.com/ to volunteer, click that button, select Midstate Chamber and use code midstate2016.



**Meriden Schools Federal Credit Union** 

is pleased to announce that they've expanded their Field of Membership to a Community Charter. Our new Community Charter allows people who live, work



or worship in the following towns to join our Credit Union - Meriden, Wallingford, Cheshire, North Haven, North Branford and Hamden. This change in membership will allow us to grow as a credit union and service the needs of our community. Our name will not be changing at this time. Please stop by our main office at 285 Broad Street in Meriden or call 203.237.6424 to join us today!

Ulbrich Boys & Girls Club - Effective May 17th, Megan Lenzzo has been appointed as Executive Director for the Ulbrich Boys & Girls Club! Megan looks forward to continue working with the Midstate Chamber of Commerce and fellow members to continue the tradition and mission: BOYS & GIRLS CLUB to enable all young people, especially those who



need us most, to reach their full potential as productive, caring, responsible citizens.

Women and Families Center - The Liberty Bank Foundation has awarded a \$5,000 grant to support Open DOHR, a vocational training program for low-income adults. Robyn-Jay Bage, Chief Executive Officer of the Women and Families Center, LTBERTY BANK is delighted at the access the grant provides."The funds we received from Liberty Bank Foundation will help us to ensure that low income youth have



FOUNDATION

access to vocational training and other career and educational opportunities to achieve their full potential." Since its inception in 1997, the Liberty Bank Foundation has awarded over \$9 million in grants to nonprofit organizations within Liberty Bank's market area. The foundation seeks to improve the quality of life for people of low or moderate income by investing in three areas: education to promote economic success for children and families; affordable housing; and nonprofit capacity building. Along with its grantmaking, the foundation strives to foster the convening and collaboration of nonprofits, funders, business, and government to address community issues.

Meriden Y.M.C.A. is offering a 3 Month Summer Membership. Membership types are: Family membership for \$135; One Adult Family \$105; Adult \$75; and the College Student membership the for \$45. These memberships comes with access to Unlimited fitness classes. This includes: Combat Cardio Kickboxing, Pilates, Barbell Strong, Tabata



Boot Camp, Piloxing, Yoga, ZUMBA, ZUMBA KIDS, Silver Sneakers, Jump Fit, Aqua Aerobics, Jillian Michaels Body Shred, INSANITY, Spinning, Floor Core & More, ZUMBA GOLD, Fit Seniors, Treadmill Body, Tai Chi, and Cize. Membership includes a Fully equipped fitness facility along with Racquetball courts, indoor track, basketball gym, and a sauna, 6 lane heated indoor pool for laps, open swim, water aerobics and Family swim, and Mountain Mist Outdoor Center with a Family, One Adult Family & Adult membership. Join us and become part of an organization that changes lives everyday in our community. Call Joan at 203.235.6386 x16 for details. For new memberships, there is a \$10 joiner's fee. Sign up by June 30, 2016. Some restrictions may apply. May not be combined with other offers or discounts. Meriden YMCA is located at 110 West Main Street, Meriden. Meriden YMCA Mountain Mist Outdoor is located at 576 High Hill Road, Meriden. Visit: www.meridenymca.org for more information.

# EVERS=URCE



#### UPDATES AND SAFETY TIPS

Customers are urged to never pro-

vide account information to unsolicited individuals - the company is renewing a reminder to customers that its employees all carry proper identification and would never solicit doorto-door or over the phone on behalf of a thirdparty energy supplier. "If anyone suspects that someone is impersonating an Eversource representative, they should contact us immediately and report it to local police," said Penni Conner, Senior Vice President and Chief Customer Officer at Eversource. The Public Utilities Regulatory Authority oversees competitive suppliers and maintains a list of current offers available from them.

For more information, call -800-286-2000, visit www.eversource.com and follow on Twitter (@ EversourceCT) and Facebook (facebook.com/ **EversourceCT.**)

#### Eversource reminds its customers to think about electric safety first before pitching a party tent, displaying mylar balloons, or starting an outdoor home improvement project. "There were nearly 600 incidents of accidental damage to underground utilities around the state last year," said Bob Coates, Vice President of Safety at Eversource. "So make 8-1-1 - Call Before You Dig your first call when planning an outdoor party or working around your home. The call is free and the savings are priceless."



JOIN Midstate Chamber in June & 10% of the membership fee will be donated to the charity of your choice! See enclosed flyer!



## Young Business Leaders of CT & Boys and Girls Club of Meriden Present:

8<sup>th</sup> Annual Miniature Golf Tournament



#### Where

YOUNG<sup>BUSINESS</sup>LEADERS

Putter's Paradise at Berlin Batting Cages

1801 Berlin Turnpike Berlin, CT 06037

#### When

Wednesday June 29, 2016 5:30PM Registration

6:00PM Shotgun Start

#### Registration

Call or email today to reserve your spot!

Phone: 203.235.7901 Email: info@midstatechamber.com

#### \$30 per player or \$100 per foursome

Proceeds to benefit the Dan M. Hunter Community Service Education Award and Boys & Girls Club of Meriden

Light fare and beverages served during the program after golf

Please support the Young Business Leaders and Boys & Girls Clubs of Meriden by signing up today!







# Young Business Leaders of CT and Boys & Girls Club of Meriden 8<sup>th</sup> Annual Miniature Golf Tournament Sponsorship Levels

	Gold Sponsor - \$300	
Company name and lo	ninently displayed on the course go on the Midstate Chamber website tisement for July Chamber Newsletter sponsorship	
-	Silver Sponsor - \$200	_
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<ul><li>Company name and lo</li><li>Hole sponsorship</li></ul>	go on the Midstate Chamber website	
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